



News from
ACORN COURT
CARE HOME



Dear Friends

Well, Autumn is firmly here! We have been reflecting on all of the lovely things we've been up to in recent weeks and thought you'd like to see some of our photographs too.



Green fingers



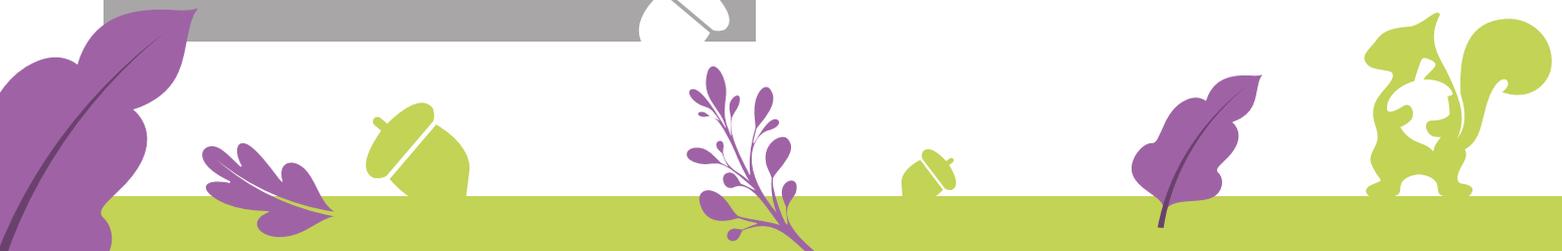
Our residents have been busy in the garden over the past few weeks, whiling away the afternoons enjoying the crisp autumn sunshine. Although the summer may be over, we have been determined to add as much colour to the shrubbery as we can by planting lots of lovely winter bedding along with beautiful spring bulbs. Our residents have such a wonderful knowledge of flowers and have loved these peaceful afternoons sharing all of their gardening tips and tricks from their years of experience. We cannot wait to see everything in full bloom soon, flowers are always a sure-fire way to brighten up any day!



Tuneful Tuesdays



Music is so incredibly important to our resident's wellbeing, the power it has to bring everyone together and spark joy is truly amazing. So over recent months we have been hosting weekly afternoon 'Feel Good Sessions' with our wonderful local performer, Paul Stanworth. Paul's socially-distanced garden performances, which our residents have enjoyed out in the sun and on the colder days through the window from the cosy comfort of our lounge, have brought so much fun and laughter to our home. His sing-a-longs never fail to lift everyone's spirits and leave our residents with a skip in their step for the rest of the day!



Old friends and treasured memories

We truly understand the importance of sharing treasured memories having seen the smiles our residents' stories can ignite. And so, we have put a reminiscence twist on the classic board game Jenga, where each piece has a question or prompt written on it to discuss a favourite memory. Contact with life-long friends is equally meaningful, and so when it was our resident Elsie's 90th birthday, her family arranged for an old pal to make a surprise appearance. Yes, Tiny the Tortoise has been Elsie's pet for 50 years and she was over-joyed to see him again, with the heart-warming visit bringing back so many happy memories!



Postcards of kindness



We recently received some beautiful handcrafted postcards from pupils at St Johns Primary School in Redhill. It meant the world to our residents to read such thoughtful messages from ones so young. Yet these are not the only young friends our residents have made in the community. Connie, our delightful four-year-old neighbour, started drawing artwork for our residents earlier this year. Then when passing by our windows with her family, she began to wave, blow kisses and shout hello to everyone! So, our residents decided to make their own artwork to display for Connie as a way of thanks. Back and forth, this heart-warming correspondence entertained every one of us, culminating in a grand gesture from Acorn Court where we posted a huge banner outside our grounds thanking Connie for all her love and well wishes!

We always love reading your comments on Facebook! Here are a few recent ones:

"We cannot thank you enough for the love and care you give to our Mum. Knowing you are there to hug her when she needs it gives us great comfort. Thank you all for everything you do." Chris, Andrew, Keith, and John

"You provide love and care to everyone, which makes for a happy and safe place to live. Keep up the great work that you do." Carol

"A very special thank you to all of you for everything you do to care and look after our mum. We take enormous comfort that she is so well looked after, in good hands and you are all so much appreciated by us. Thank you." Mike & Jackie




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Exceptional Care, No Exceptions

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